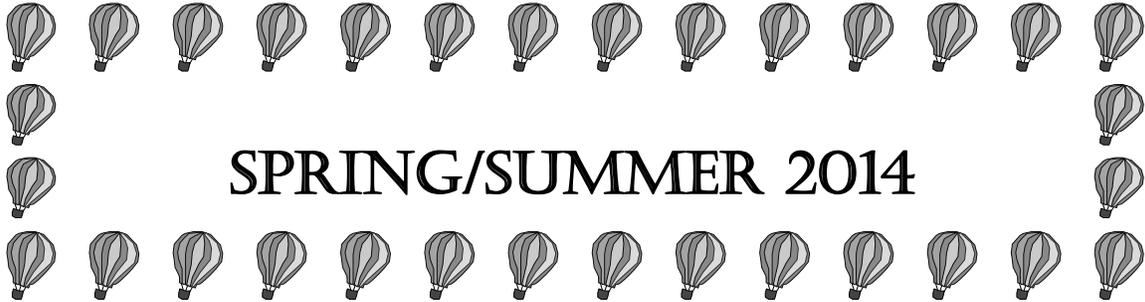
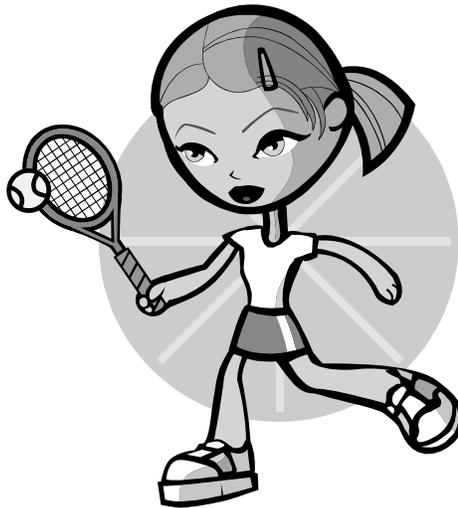


Fairhaven Recreation

227 HUTTLESTON AVENUE
508-993-9269
www.fairhaven—ma.gov



SPRING/SUMMER 2014



Hours	
Monday—Thursday	6AM—8PM
Friday	6AM—6PM
Saturday	8AM—2PM
Closed Sundays	

Fairhaven Recreation Policies & General Information

Participants Responsibility

We ask all participants to respect the staff, other participants, age requirements, and the equipment. Please refrain from causing bodily harm to others and from using foul language. Additional rules will be announced at each program. If a participant fails to cooperate with the rules, the *Director reserves the right to dismiss or suspend a participant in any program without a refund of fees.*

Fairhaven Recreation is not a day care, after-school care program or babysitting service. Please read and understand the policies. If they are unclear to you please ask questions. **All** participants **must** pre-register for **All** programs.

During unsupervised open gym times an adult must accompany children under 12. The Recreation Supervisor on duty is only responsible for the activity taking place within the gym. Please be on time dropping off and picking up children from their programs. Failure to do so will result in additional cost penalties or suspension from programming. Children should not be left unattended.

Play Card

Your play card **must** be with you when entering the building. You will be asked to scan it at the front desk as you enter the Recreation Center. Your card also gives you the opportunity to participate in all open gym activities. Play Cards will be issued at the Recreation Center during normal business hours. To obtain a Play Card you must provide 2 proofs of residency. Acceptable proofs of residency include a current utility bill, voter registration card or driver's license. For children, a report card or school I.D. card with an address will serve as valid proof.

Photo policy...Smile

The Recreation Department and/or press take pictures and video on occasion of participants for publicity purposes and for local cable. If you don't want to have your child photographed please let us know.

Program Registration

Registrations for programs will be during the regular operation hours listed in this brochure. Registrations will be accepted until the program is full and has met the minimum participation registration number. You may register for a play card at any time.

Program Course Confirmation

No confirmations are sent out. A participant is registered only when payment is received, unless the Department notifies you otherwise. We will **only** notify you if there are any problems.

Program Policies

All programs are offered to members on a first come, first served basis. Members must have a valid play card to sign up for programs unless otherwise noted. Fairhaven Recreation reserves the right to cancel or consolidate any program one week prior to the start date that does not meet the minimum registration numbers. Remember, nothing terminates a program faster than waiting until the last minute to register. Avoid disappointment and register promptly!

Payment

Payment is due at the time of registration, check or money order made payable to Fairhaven Recreation. A fee of \$25.00 will be charged for any check returned for insufficient funds. No new registration of programming will be allowed until the \$25.00 fee is paid.

Refunds

All programs are non-refundable, unless, the Recreation Department cancels a program. If you request to withdraw from a program you will only be refunded if sufficient time is allowed so that a replacement can be found and no costs are incurred by the department. There will be a \$10 administrative fee taken from the refund regardless.

Switching Programs

If space allows and you wish to switch to another program there is a \$10 administrative fee and the request must be handled in person only.

Age Requirements

Participants must be of noted age or grade by the first day of the program in which they are enrolled.

Weather Cancellations

When the Fairhaven Public Schools are closed because of emergencies or weather conditions, **all** Recreation Department programming will be canceled for the entire day. If a storm develops later in the day please call the Recreation Department or check our Facebook page.

Special Needs

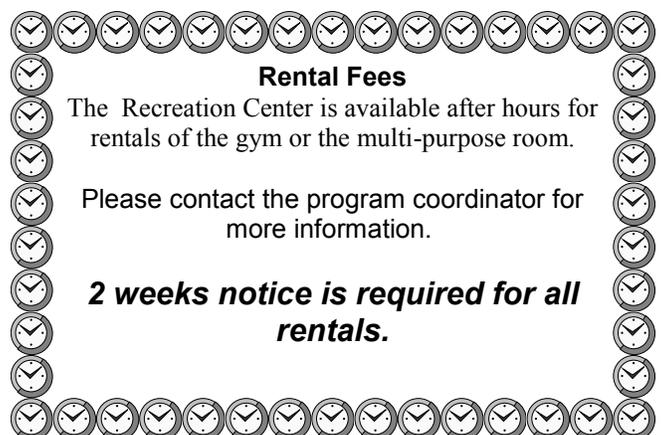
Children and adults with special needs are encouraged to participate in recreation programs. Staff members are sensitive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the facility, or wish to discuss program details, please call the program coordinator to ask about specifics.

Personal Belongings

Please do not bring any valuables, toys or games to our programs. The Recreation Department is not responsible for lost or stolen articles. To be safe, leave articles at home unless necessary for the program.

Non—Members

Non—Members can register for programs when space allows. There will be a non-member fee added to the program.



FEE INFORMATION

Fairhaven Residents:

<u>Category</u>	<u>Full Year</u>	<u>Six Months</u>
Child Play Card	\$30	N/A
Sr Play Card (age 62 +)	\$30	\$20
Adult Play Card	\$45	\$32
College Student	\$80	\$52
Senior Full	\$80	\$52
Adult Full	\$110	\$65
Teen Wellness (16—17) **	\$60	N/A

Acushnet/Mattapoisett Residents:

<u>Category</u>	<u>Full Year</u>
Child Play Card	\$50
Sr. Play Card (age 62+)	\$50
Adult Play Card	\$80
College Student	\$125
Senior Full	\$125
Adult Full	\$190
Teen Wellness (16-17)**	\$80
Non Resident Tax Payer:	\$165



Please note that 6 month memberships are only available for Fairhaven Residents

** These members must attend a training and parents must sign agreement prior to receiving this membership**

PLAY CARDS GIVE ACCESS TO OPEN GYM ACTIVITIES AND ALL PROGRAMS AT THE MEMBER RATE. A FULL MEMBERSHIP GIVES ACCESS TO THE WELLNESS ROOM, OPEN GYM ACTIVITIES, AND ALL PROGRAMS AT THE MEMBER RATE.

Important Dates to Remember

The Gymnasium will be closed

Monday April 7, 2014—Fairhaven Town Election

**The Gymnasium will be closed
on the following dates for Blood Drives**

Wednesday May 21, 2014—Blood Drive

Saturday July 19, 2014—Blood Drive

**The Recreation Center will be closed on Friday July 4,
2014**



Youth Programs

Scotts & Major League Baseball's Pitch , Hit & Run

This National skills program provides boys and girls, ages 7—14, the opportunity to showcase their pitching, hitting & running abilities. Pitch, Hit & Run is intended to encourage youth participation and emphasize the “FUN” element of baseball competition. Boys & Girls compete in 4 age groups—7/8, 9/10, 11/12, & 13/14 with their age determined as of July 17, 2014. The event is **free** and winners may advance to the next level with the hopes of qualifying for the National Finals to be held in July at the MLB All—Star game in Minneapolis, MN

Date : Saturday April 19, 2014

Time : 10 AM

Place: Livesey Park

Age is determined as of July 17, 2014

Pre Registration is required

Goju-Ryu Karate

This six week course introduces students to traditional Okinawan Goju-Ryu Karate. In the class students will be taught basic strikes, blocks, kicks, and at least one kata (form). Karate develops self-confidence, strength, agility, and respect for oneself and others. Instructor Elizabeth Rapoza holds two black belts in Okinawan Goju-Ryu and Korean Tans Soo Do karate. In addition, she is a former New England and national overall black belt champion.

Start Date: May 21

End Date: June 25

Days: Wednesdays

Time: 6PM-7PM

Ages: 7-14

Cost: \$40 Members

\$55 Non-members

Comfortable clothing, no shorts

Kool Kids April Vacation

This 4 day program is a great opportunity to make new friends while participating in fun group activities such as pillow polo, floor hockey, dodgeball, cooperative games, flag football, arts & crafts, etc. Kids will need to bring their own lunch for the first three days of the program and they will have a pizza lunch on Friday. Sneakers and active clothes must be worn each day. Kids will be grouped according to their current grade in school.

Grades: K—5

Dates: Tuesday 4/22—Friday 4/25

Times: Drop off between 8—8:15, Pick up by 3PM

Instructors: Staff

Cost: Member \$100

Non Member \$125

Marcus Wills Basketball Clinic

New Bedford High School's all—time leading scorer, 2 time State Champion and Division 1 college standout at the University of Maine, Marcus Wills offers his well—known youth basketball training clinic. This is an intense, motivational and fundamentally based basketball clinic. Participants are taught how to practice , become a better player and learn the importance of having a positive attitude, getting good grades and encouraging others.. Through targeted drills and game play, each session teaches the proper fundamentals required to become a successful player.

Ages: 7—14

Day: Saturdays

Time:9:30AM—10:45AM

Start Date: April 26

End Date: May 24

Members: \$40

Non—Members:\$50

Summer Tennis

Tykes (ages 5—8) And Superstars (ages 9—10)

Tykes

July 7 August 1

Tuesday & Thursday

9:00—10:00AM

Superstars

July 7—August 1

Tuesday & Thursday

10:00—11:00 AM

Futures (ages 11—16)

Session 1

August 4—August 8

Mon - Thur

9:00—12:00PM

Session 2

August 11—August 15

Mon—Thur

9:00—12:00PM

Session 3

August 18—August 22

Mon—Thur

9:00—12:00PM

Fees: Tykes & Superstars—\$50 Members/\$60 Non Members

Futures—\$65 Members/ \$75 Non Members

Youth Programs

Home Alone Safety Class

This course is designed to encourage children to be more independent. Topics covered will be basic first aid, door and telephone protocol, accident prevention, and first aid for choking and safety measures. Pizza will also be provided. Space is limited... sign up soon!!

Ages: 9—11

Date: April 14

Instructor: Beth Oleson

Time: 5:30PM—8PM

Cost: \$45 Members \$50 Non-members

Babysitting Class

This is a comprehensive 3 hour course for 11—14 year olds. Topics will include first aid, choke saving techniques, mealtime, bedtime, diapering, discipline, contracts and ethics. Pizza will be provided.

Ages: 11—14

Date: May 12

Instructor: Beth Oleson

Time: 5:30PM- 8PM

Cost: \$45 Members \$50 Non-members

CPR

We are offering a CPR class to any adult who would like to learn this great skill. Perfect for a new parent or just to sharpen your skills. Sign up today, spots will fill quickly!

Ages: 16—adult

Date: June 2

Time: 5:30—8:30 PM

Instructor: Beth Oleson

Cost: \$50 Members / \$60 Non—Members

Soccer

This program is designed to give the basic skills of soccer. Participants will learn proper stretching, basic dribbling and shooting skills and an overview on how to play in a game. Participants should wear comfortable clothing and sneakers.

Instructor : Staff

Start Date April 14

End Date : May 19

Days: Mondays

Time : 4—5

Ages : 5—8

Cost : \$40—Members

\$50—Non members

All—Sport Speed Training

This class is designed to help with athletes ages 8—11 with overall athleticism in whatever sport they are playing. Areas of focus include Speed, Agility, Running Mechanics, Systemic Strength, Balance and Confidence

Instructor: Bryan Silveira

Start Date : April 24

End Date : May 22

Days: Thursdays

Time : 4:30—5:30

Ages : 8—11

Cost: \$40 Members

\$50—Non members

Youth Programs

Counselor in Training Program

In this new program teens ages **13-16** learn to become summer counselors. Included in this program is CPR, early education tips and job interview skills and much more, CIT's will plan and run a theme day for the summer Kool Kids program, run games, assist senior counselors with projects, etc. Field trips and a pizza lunch every Friday are included. Program runs for 2 week sessions. **Cost per session \$200.00 for members \$230 for non Members**

You must be 13 to attend this program no exceptions
Space is very limited in this program

Session 1 : June 30—July 11 (no 4th of July)

Session 2: July 14—July 25

Session 3 : July 28—August 8

Session 4 : August 11—August 22



Kool Kids Summer Vacation

Registration: Sat. April 26th & Sat. May 3rd 8AM—2PM

A T-Shirt is included for each participant Additional shirts May be purchased for \$10

Kool Kids is for children entering 1st grade in the fall through age 12. Children will have fun each day by participating in a variety of sports, games and art activities. Each session will also include special themed events. Children are grouped by the **Grade** they will enter in the **Fall**. Don't miss out on this great summer program. Last years program was full almost every week. Sign up early so we can take more participants than years past.

Hours: Monday thru Friday 8AM—3PM, Drop off 7:45AM—Pick up 3PM
*extended day will be available; AM only (7AM) - \$25, PM only(4PM) - \$25, Both \$40

Weekly Schedule: Session 1: June 30—July 3 (\$115) Session 2: July 7—July 11 (
Session 3: July 14—July 18 Session 4: July 21 - July 25
Session 5: July 28—August 1 Session 6: August 4—August 8
Session 7: August 11—August 15 Session 8: August 18 -August 22

**Only \$130 per child
Per session
\$100 Each
Additional Sibling
(non-residents are welcome for an additional \$25 per session)**

Youth Track & Field

This summer, Fairhaven Recreation will be continuing our youth track and field program for children ages 3 through grade 8. This program starts at the end of the school year and runs for 4 weeks. The program is **Free** with your play card and will meet 2 days a week at Cushman Park from 6—8PM. **Register on Saturday April 26th and May 3rd from 8AM—2PM**

Adult Programs

Body Pump

3 great classes in one . 20/20/20, tabata, which is 20 second exercise, 10 second rest and circuit training. Each class will be a different one, to shock your body into getting more fit. Hand weights and stability ball needed

Ages:16—Adult

Days & Times: Tuesday and Thursday 6:45PM-7:45PM

Cost: \$50 Member \$75 Non Member

Start Date: April 1

End Date: June 12

No Class April 29 & May 1

Instructor: Julie Baiardi

Vinyasa Yoga

A flow of asanas (postures) designed to stretch, strengthen, and align the body. This practice will have pranayama (breathing techniques), introduction to a few more advanced postures and a short meditation at the end of each class. A well rounded continuing class for those looking to deepen their yoga practice. Experience with yoga is helpful, but not required. All levels are always welcome. Wear comfortable clothing, stay hydrated and bring anything you need to make your practice comfortable (mats, blankets, eye bags, etc.)

Ages:16—Adult

Day & Times: Tuesday 6PM-7:15PM

Cost: \$45 Member \$70 Non Member

Start Date: April 1

End Date: June 5

Yogini: Juliet Loranger /Jon Leaver



Cardio Mix

Start off your class with a 15 minute cardio warm—up that leads into a 45 minute total body toning workout— arms, legs & abs. You name it, we work it. The class incorporates the use of hand weights, balance ball, and floor work. Students must bring their own hand weights up to 8 lbs. and a balance ball.

Ages: 16—Adult

Start Date: April 1

End Date: June 12

Day & Times: Tuesday & Thursday 5:30PM—6:30PM

Cost: \$50 Member \$75 Non-Member

Instructor: Nancy Gibeau

No Class: May 6 & 8

Adult Open Gym Basketball

Work up a sweat with indoor pick up games! Open gym is free for all members.

Days & Time: Monday 6PM—8PM

Ages: 18 & older



Adult Programs & Special Events

All Levels Hatha Yoga

Combining the best of a physical, mental and spiritual yoga practice, this multi—level class will focus on alignment, breathing exercises (pranayam), balance and flexibility. Through carefully sequenced postures (asanas), students will learn to explore new—found strength, cultivate a deeper sense of relaxation, become more physically fit and ultimately foster a more mindful existence! Great for beginners and experienced yogis alike!

Ages: 16—Adult

Days & Times: Saturdays 8:30AM-9:30AM

Cost: \$45 Member \$60 Non Member

Start Date: March 29

End Date: May 31

Instructor: Jessica Webb



Zumba Toning

Kick up your heels with a Latin beat! Join this drop-in class!

Mondays & Wednesday from 5PM—6 PM

\$5 Members \$7 Non Members

Instructor: Kim Jacobsen

12th Annual Flashlight Easter Egg Hunt/Egg decorating contest

(pre registration is required)

Join us for the Eleventh annual flashlight egg hunt. Children will search for their eggs on the Recreation center grounds and return them to the Easter Bunny for a special treat. **Don't forget to bring your flashlight & camera for pictures with the Easter Bunny. In event of Rain , event will be held indoors at the Center. Bring a pre decorated egg to compete against others in a contest, it is recommended that they be hard boiled.**

Date: April 11 Time: 7:30PM Place: Recreation Center

Ages : 10 and under \$5 due at registration

Deadline to register is Tuesday April 8 . No late registrations will be accepted. No walk-ins will be allowed on the night of the event.

