



Fairhaven Board of Selectmen

April 24, 2017 Meeting Minutes

Present: Chairman Robert Espindola, Vice Chairman Daniel Freitas, Clerk Charles Murphy, Town Administrator Mark Rees, and Administrative Assistant Anne O'Brien.

Mr. Murphy called the meeting to order in the Town Hall East Room at 6:35 p.m. The meeting was audio recorded by the Selectmen's Office and video recorded by the Government Access channel.

MINUTES

- Mr. Freitas motioned to approve the minutes of the April 3, 2017 meeting, open session. Mr. Murphy seconded. Vote was unanimous. (3-0).

TOWN ADMINISTRATOR'S REPORT

- Mr. Rees said that he had met with Atty. Solomon, Cable Director Bobby Bruso, School Cable Director Drew Furtado, and Selectman Espindola to discuss upcoming negotiations with Comcast for a franchise agreement.
- The Planning Board will hold a hearing to consider the Board of Selectmen's marijuana moratorium bylaw on April 25, 2017. Mr. Rees will be present to discuss the proposed bylaw at the Planning Board's public hearing.
- The Massachusetts Historical Commission has notified the Town of Fairhaven that the 1950s wing of the Oxford School may be restricted as a structure of historical significance. The Town does not agree that there is any historical significance to the addition wing, and will work with the Massachusetts Historical Commission to make sure that the issue will not interfere with the impending purchase and renovation by Stratford Group.

USE OF TOWN HALL AUDITORIUM

The Board accepted a letter from Fairhaven Improvement Association president, Barbara Acksen, requesting a waiver from the insurance requirement related to the FIA's request to use the Town Hall auditorium as a back-up in the event of inclement weather at the Summer Concert Series. The Board also accepted a sign indemnification form from Dr. Acksen as well.

Mr. Freitas motioned to accept the documents and grant the waiver of relief from the insurance requirement associated with the FIA's use of the Town Hall auditorium. Mr. Murphy seconded. Vote was unanimous. (3-0).

REQUEST FOR SIGNS – 28 MIDDLE STREET

The Board received a letter from the Carrol Center regarding a request from a blind resident for additional signage in the area of 28 Middle Street. See Attachment A.

The Board reviewed the recommendation of Officer Laurie Cannon, to install "Blind Person" and "Crosswalk Ahead" signs. See Attachment A.

Mr. Freitas motioned to follow the recommendations of the Safety Officer (Officer Laurie Cannon) and authorize the BPW to install the aforementioned safety signs in the area of 28 Middle Street. Mr. Murphy seconded. Vote was unanimous. (3-0).

HEALTH INSURANCE RATES

See Attachment B for a handout from Mark Rees regarding his study of health insurance rates for Town employees. In his report, Mr. Rees showed what a health insurance premium increase (between one to four percent) would do to impact the balance of the health trust, and projected holidays to keep the trust fund stable (from one to four weeks of rate holidays). Mr. Rees said his recommendation was to increase health insurance rates across all plans by two (2) percent, effective July 1, 2017.

Mr. Espindola said that he would like to see the Town work on health initiatives to keep health insurance rates low. He distributed Attachment C.

After some discussion, Mr. Freitas motioned to support Mr. Rees' recommendation, and increase health insurance rates for all plans by two (2) percent, effective July 1, 2017, with premium rate holidays to be scheduled as needed, depending on the trust fund balance. Mr. Murphy seconded. Vote was unanimous. (3-0).

PUBLIC HEARING – 99 CHANGE OF MANAGER

At 7:01 p.m. the Chairman opened a public hearing for 99 Restaurant of Boston, LLC, for a Change of Manager (Christopher D. Fortune). Mr. Fortune was present. Mr. Fortune said that he has been with the 99 Restaurant company since 1997 in various different locations. The Board noted that his application was complete and satisfied all its requirements; Mr. Fortune provided his TIPS certification to Ms. O'Brien. Mr. Espindola opened the hearing to public comment. There was none. Mr. Espindola closed the hearing at 7:04 p.m. Mr. Freitas motioned to approve the Change of Manager for the Fairhaven 99 Restaurant location to Christopher Fortune. Mr. Murphy seconded. Vote was unanimous. (3-0).

FY18 OPERATING BUDGET

Mr. Rees updated the Board and the public to ongoing budget meetings with the Finance Committee, including the consensus budget that he and Mr. Espindola were able to reach with the same. Various changes in the budget, including the additional firefighter, human resources director, and consolidation of the information technology department with the Schools, will be supported at Town Meeting by the Finance Committee.

TOWN MEETING WARRANT

Mr. Rees noted that there was a printed error on Article 31 for FY18 Community Preservation Committee appropriations, in that the total at the end of the appropriations was incorrect. The correct total will be changed and distributed at Town Meeting.

Water and Sewer union changes are still not available, but will be available prior to Town Meeting, as both ratification votes are expected by April 28.

After discussion, Mr. Freitas motioned to recommend Adoption and appropriation of \$750,000 for Article 39: Wind Turbine Electricity Purchase. Mr. Murphy seconded. Vote was unanimous. (3-0).

DUSSAULT TAX AGREEMENT

Mr. Freitas said that he and Mr. Rees have been involved in meetings with Nicole Dussault, representative for Richard and Carol Dussault, relative to their ongoing tax payment agreement issues and auto dealer/repair license dependency thereon. Mr. Rees said that the tentative agreement is for the Dussaults to make their tax payments (both current and in arrears) in a timely manner, and if they fail to make their payment, their auto repair/dealer licenses will be automatically revoked, and the Dussaults will waive any right to a hearing.

Mr. Rees requested authority to work with Town Counsel to draft a finalized agreement between the Dussaults and the Town. Mr. Freitas motioned the same. Mr. Murphy seconded. Vote was unanimous. (3-0).

The Chairman removed the Marsh Island Restoration topic from the agenda because the Director of Planning and Economic Development was not available to discuss the matter.

HARBOR DREDGING UPDATE

The Board reviewed the Fairhaven/New Bedford Economic Impact Assessment, prepared for the New Bedford Harbor Development Commission. See Attachment D. The Board also reviewed a letter from New Bedford's Mayor Mitchell showing support for the dredging.

Resident/Hands Across the River president Karen Vilandry requested to be recognized on the matter. Mr. Espindola permitted Ms. Vilandry to speak briefly on the topic of harbor dredging.

Mr. Freitas said that he would like to contact the EPA and ask for assistance in air quality monitoring relative to the CAD cell dredging. Mr. Freitas motioned to send a letter to ask the EPA for an overview of health concerns (if any) for residents, relative to the dredging. Mr. Murphy seconded. Vote was unanimous. (3-0). Mr. Freitas motioned to send the EPA a letter of support for the dredging on behalf of the Town of Fairhaven. Mr. Murphy seconded. Vote was unanimous. (3-0).

ENERGY AGGREGATION PROGRAM

Mr. Espindola presented the Board with the results of the Energy Aggregation program bids. See Attachment E. The Board took the matter under advisement.

OTHER BUSINESS

Under Other Business:

- The Board acknowledged Roberto Medeiros from Lagoa, Portugal. Mr. Medeiros said that Lagoa has six sister-cities in the United States, including New Bedford, and would like to add Fairhaven to their list of sister-cities. He invited the Board to come visit Lagoa. The Board took the matter under advisement and will be in touch with Mr. Medeiros regarding his invitation.
- Although the Marsh Island Restoration topic was removed from the agenda, the Chairman granted resident Karen Vilandry a moment to speak on the topic.
- The Board acknowledged a need for one more meeting before Town Meeting. Mr. Freitas motioned to set May 1, at 6:30 pm, as a Board of Selectmen meeting. Mr. Murphy seconded. Vote was unanimous. (3-0).
- Mr. Freitas said that he would like to see “park maintenance” on an upcoming meeting agenda to address communication between individuals and departments when it comes to the alterations and upkeep of Town parks.
- Mr. Murphy said that he enjoyed being a contest judge for the recent Mr. Fairhaven contest at the high school, and congratulated winner Matthew Brailey. He added that the organizers are still accepting donations for their After Prom event.
- Mr. Espindola said that there was a vacancy for the at-large appointment on the Finance Committee, which will need to be filled by the Chairmen of the Board of Selectmen and Finance Committee, and the Town Moderator. He added that the current Finance Committee chair, Scott Fernandes, has expressed his intent to resign after Town Meeting.
- Mr. Espindola thanked Brian and Jeff Wotton, and all the volunteers involved in cleaning up the Bike Path.

At 8:11 p.m. Mr. Espindola motioned to adjourn. Mr. Freitas seconded. Vote was unanimous. (3-0).

Respectfully,

Anne O'Brien
Administrative Assistant
Minutes approved 05/01/2017

Documents appended:

Attachment A – Request for signage – 28 Middle Street
Attachment B – Memo from Mr. Rees re: health insurance
Attachment C – Handout from Mr. Espindola re: health insurance
Attachment D – Harbor dredging documents
Attachment E – SRPEDD Energy bid results

To whom it may concern;

April 14, 2017

I have scouted out this area and found that signs alerting drivers that there is a blind person living in the area is not an unreasonable request. In addition to those signs being posted, signs warning drivers that there are crosswalks could also be installed, as there are none right now.

The statutory speed of Middle St. is 30 MPH at this time. It can be posted if the town chooses to do so.

There is no system of alternating stop signs. There is a stop sign at the intersection of Middle St. and Union St. in the north-south direction. There is also a stop sign at the intersection to the north which is Washington St. and Middle St. in the east-west direction due to a line-of-sight obstruction.

In order to install a four-way stop sign, a traffic study has to be conducted. I have looked into this and there has not been a crash involving vehicles or pedestrians in the last year at this intersection. This information does not meet the criteria for having a four-way stop sign installed.

I recommend that blind person signs be installed, along with some crosswalk signs installed in the area.

Respectfully submitted,



Officer Laurie A. Cannon/059
Fairhaven Police Department



RECEIVED
2017 APR -6 A 9:47
BOARD OF SELECTMAN

Karin Barrows
770 Centre Street
Newton, MA 02458
508-840-9242
Karin.barrows@carroll.org

March 28, 2017

Dear Mr. Rees,

I am writing on behalf of my client, Ruthann DeLong who is a resident of 28 Middle Street. Ms. DeLong is a blind resident of the town and has received extensive training Orientation and Mobility. I have provided Ms. DeLong with training in long cane travel, street crossings and traffic analysis to ensure her ability to safely access her community. During this time, I have noted some safety concerns regarding pedestrian travel on Middle Street.

The intersection of Middle Street and Center Street is a two way stop sign controlled intersection with stop sign control on Center Street. Most intersections in the center of town follow an alternating pattern of stop control for parallel streets, however on Middle Street there is no stop sign at the preceding intersection of Middle and Union Streets. This allows cars to accelerate and presents a safety concern for not only blind pedestrians, but all people crossing Middle Street at Center Street. In addition, there are no speed limit signs posted on Middle Street, which could be contributing to driver behavior. With parking on both sides of Middle Street, it can be difficult to hear and see oncoming traffic moving at accelerated speed.

On several occasions, I have observed cars and traveling on Middle Street through this intersection at dangerous speed. On an alarming number of occasions, cars do not yield to the White Cane Law when Ms. DeLong is clearly waiting to cross the street with her cane in view at this intersection. Blind pedestrians are protected under Section 14A of Massachusetts State Law, which I have outlined on the following page.

Section 14A: Protection of blind pedestrians crossing or attempting to cross ways

Section 14A. Whenever a totally or partially blind pedestrian, guided by a guide dog or carrying in a raised or extended position a cane or walking stick which is white in color or white tipped with red, crosses or attempts to cross a way, the driver of every vehicle approaching the place where such pedestrian is crossing or attempting to cross shall bring his vehicle to a full stop, and before proceeding shall take such precautions as may be necessary to avoid injuring such pedestrian. A person who owns an animal shall restrain and control such animal on a leash when in proximity to a guide dog that is on a public or private way. Nothing contained in this section shall be construed to deprive any totally or partially blind person, not carrying such a cane or walking stick or not being guided by a dog, of the rights and privileges conferred by law upon pedestrians crossing ways, nor shall the failure of such blind person to carry a cane or walking stick or to be guided by a guide dog while on the ways of this commonwealth be held to constitute or be evidence of contributory negligence. Whoever violates any provision of this section shall be punished by a fine of no less than one hundred nor more than five hundred dollars.

I am writing to you to seek counsel on how the town can ensure the Middle/Center Street intersection is safe for not only Ms. Delong, but all pedestrians. Perhaps making this intersection a 4-way stop controlled would be the solution. An additional accommodation which might increase driver awareness is to implement a "Blind Person Crossing" sign as drivers approach the intersection. Finally, it is essential that speed limit signage be posted on Middle Street as the speed limit law on this street is unclear.

I look forward to working with you on a solution to this matter. Please do not hesitate to call or email me for further discussion.

Respectfully,
Karin Barrows





Google Earth



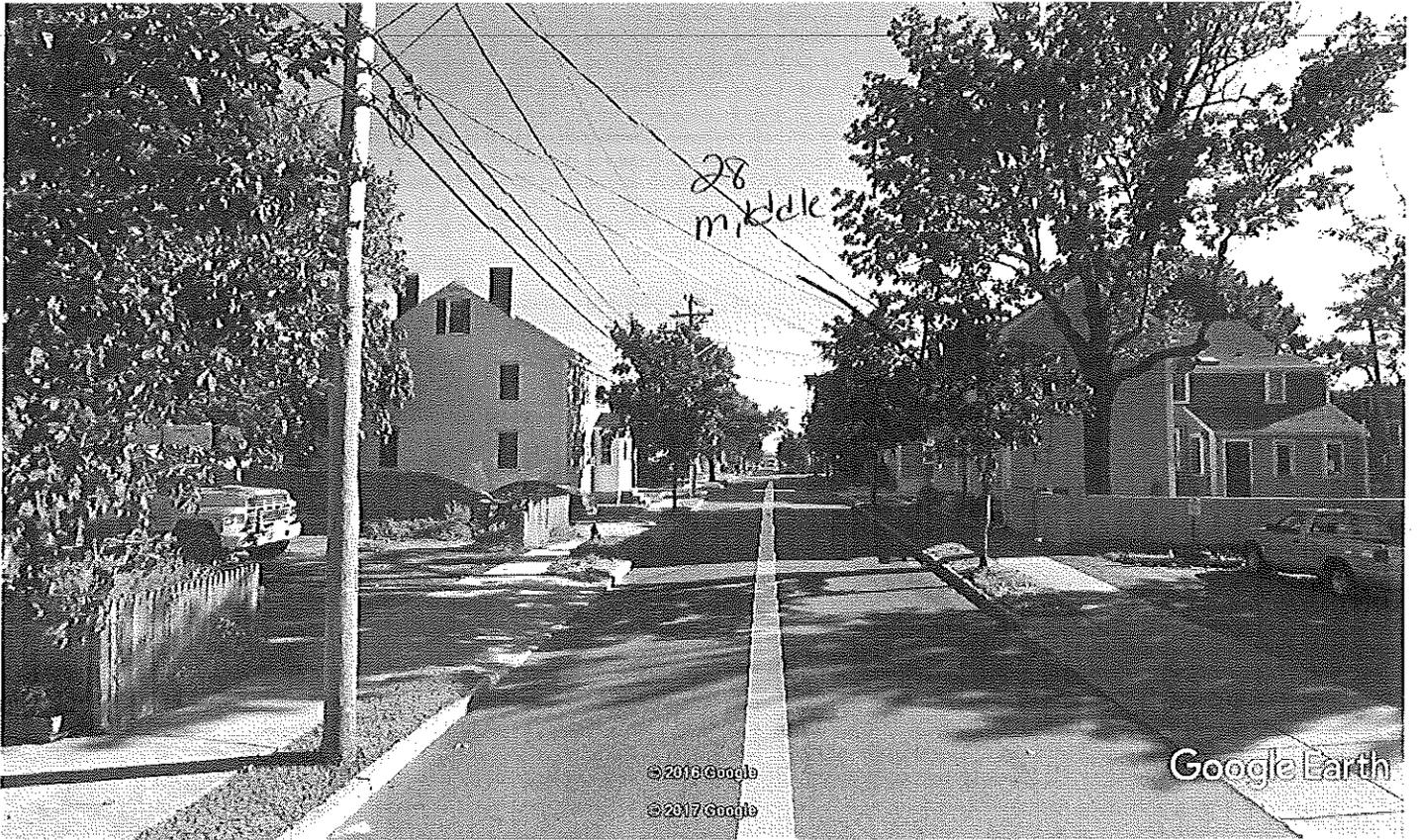
Middle St. Approaching Center St North Blvd



Google Earth



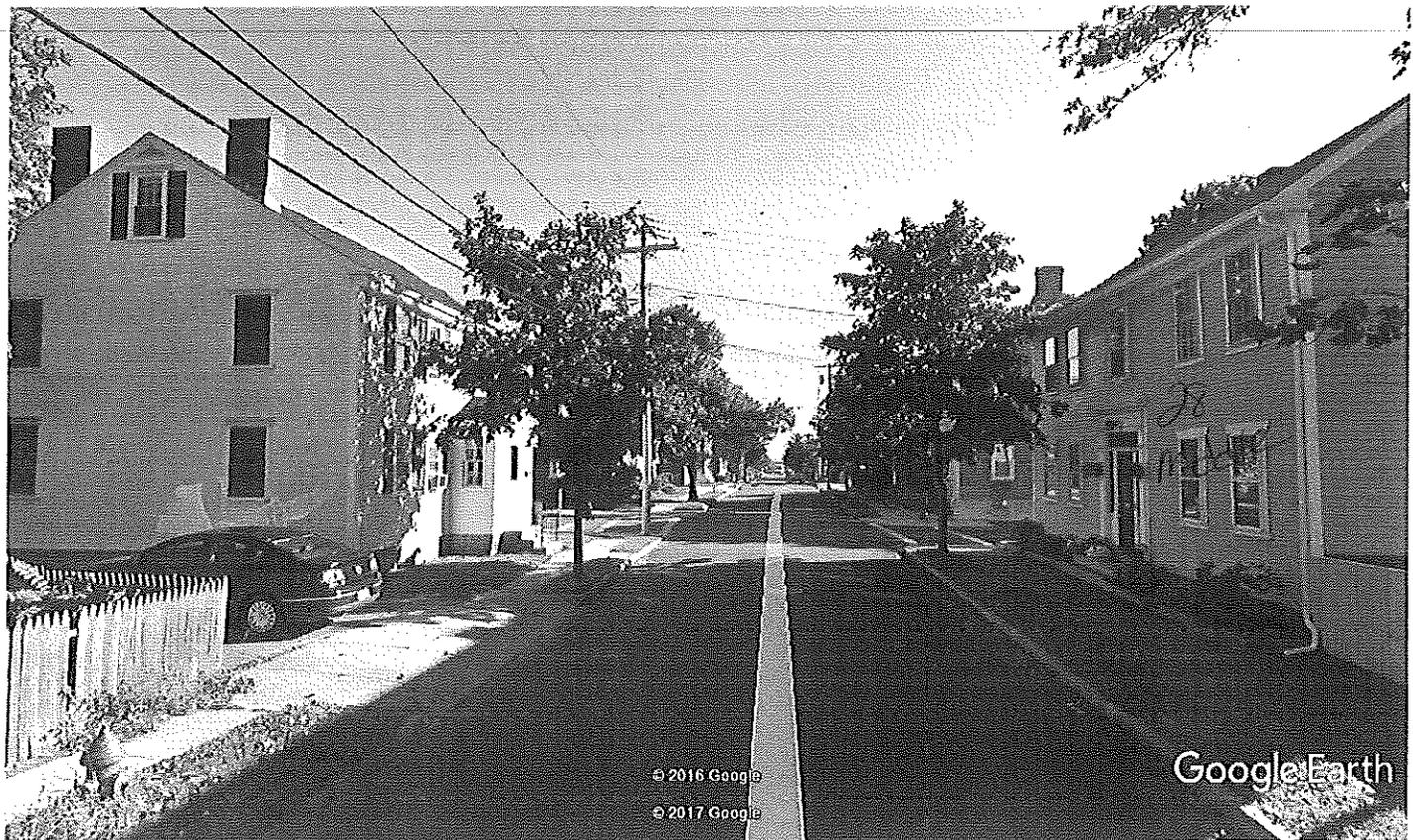
Middle St. @ Center St. Northward



Google Earth



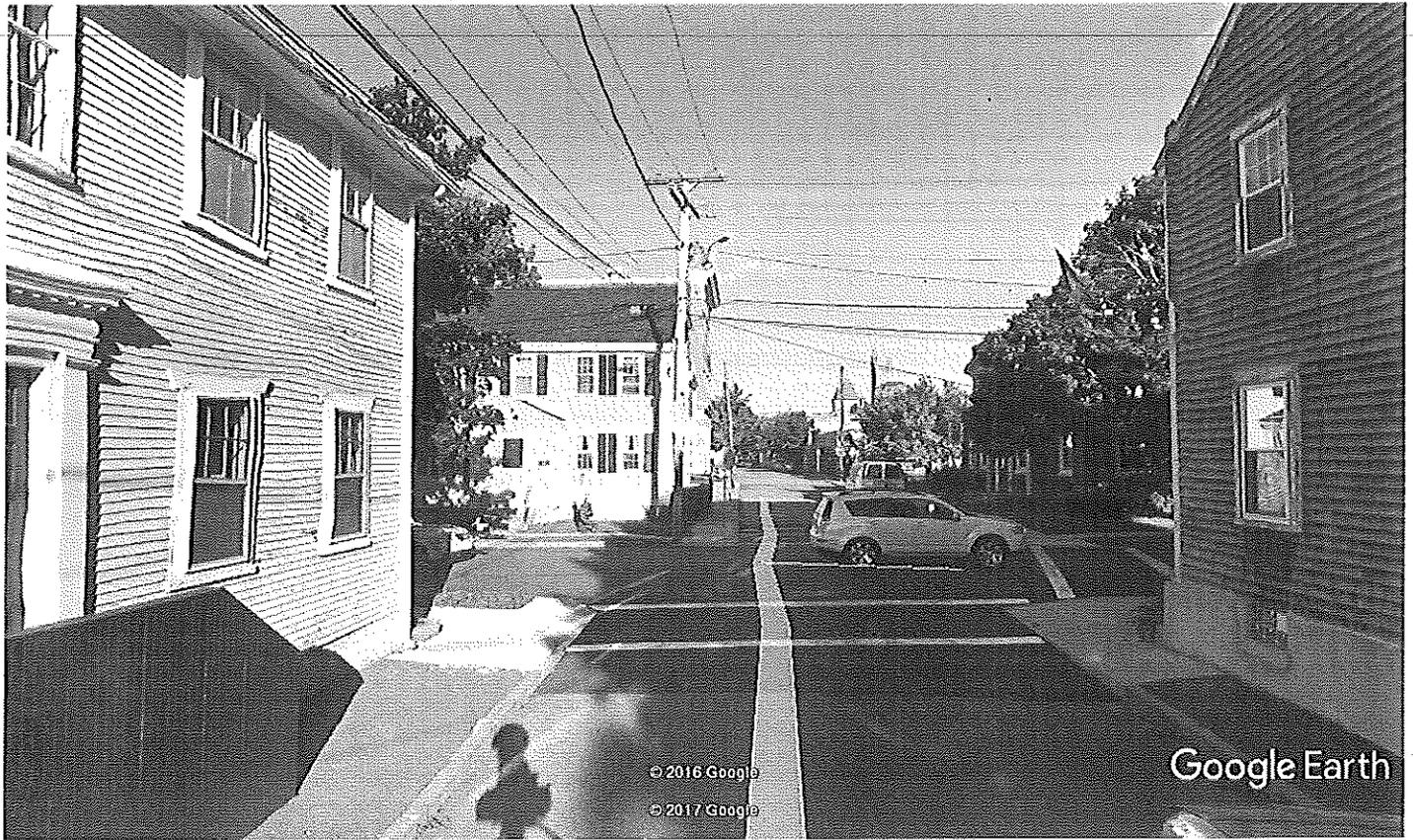
middlest. approaching Center St. South Bound



Google Earth



Middle St. @ Center St. South Bend



Google Earth



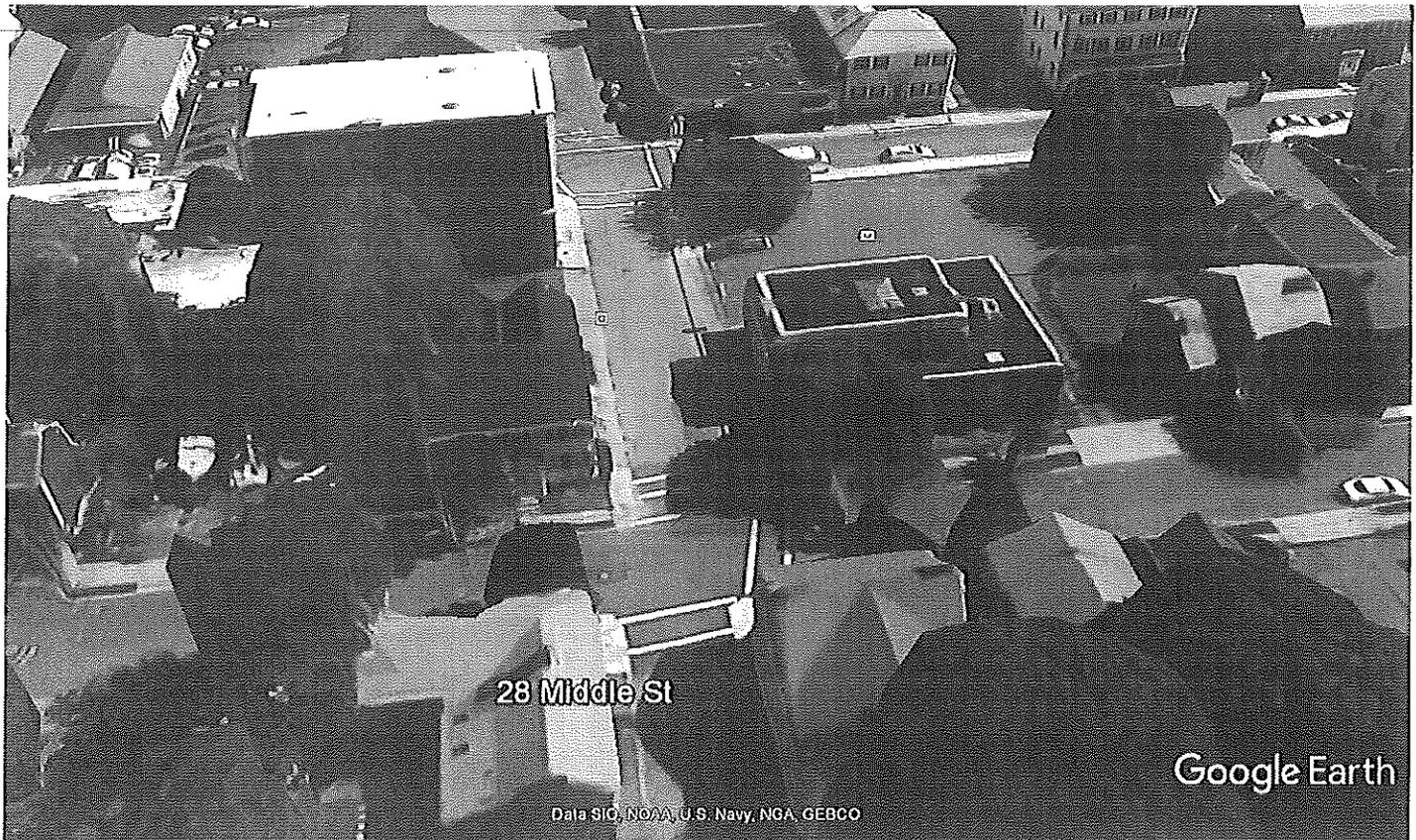
Center St. @ Middlest. East Barnt



Google Earth

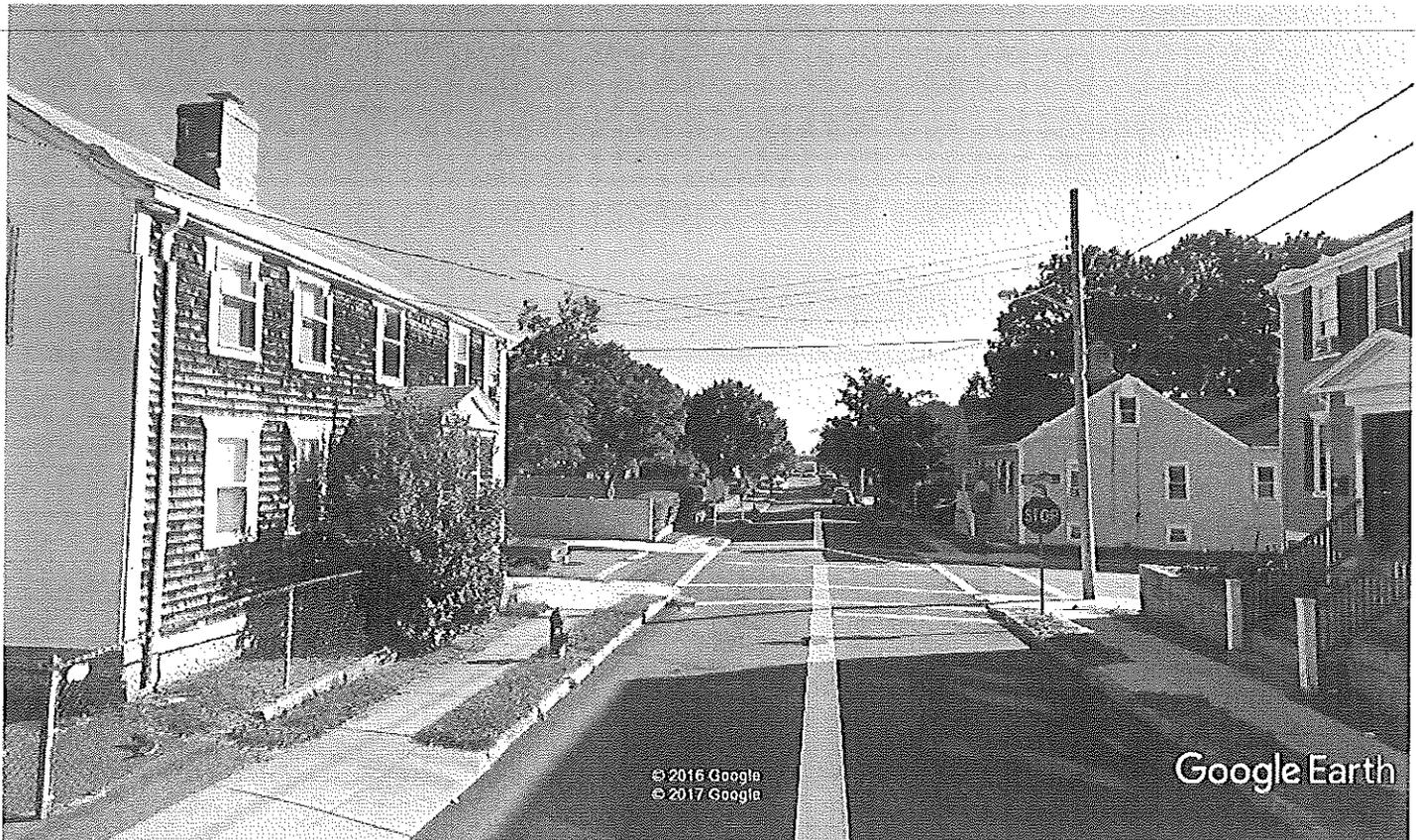


Center St. @ Middle St, West Bound



Google Earth





Google Earth



Middle St. @ Union St. South Bend

MEMORANDUM

TO: Board of Selectmen
FROM: Mark H. Rees, Town Administrator
DATE: April 6, 2017
RE: Health Insurance Rates



Attached please find correspondence from our health insurance advisor, Cooke and Company, regarding various options available to the Town for setting health insurance rates for FY18, effective July 1, 2017.

- Option 1 sets the rates based on experience trends for our two plans, Blue Care Elect and HMO Blue on an individual basis and provides for 5% increase for the former and a 2% increase for the latter.
- Option 2 melds the experience of the two plans to provide for a uniform rate increase of 4%
- Option 3 calculates the impact of not increasing rates for next year, which would be the second year in a row that rates have not increase.

The current balance in the health insurance trust account is \$2.5 million dollars, not including the \$900,000 in the working deposit reserve.

Mark Rees

From: Peter Savage <PSavage@cookandcompany.com>
Sent: Tuesday, April 04, 2017 5:09 PM
To: Mark Rees
Cc: Anne O'Brien
Subject: Various Work Sheets and Budgets
Attachments: Fairhaven WS & Bud Jan Rates.pdf; Fairhaven WS & Bud Blended Rates.pdf; Fairhaven WS & Bud No Increase.pdf

Mark,

Attached are three sets of work sheets and resulting budgets as follows:

1. Using current head counts and the rates we discussed in January. This would project to reduce the Trust by \$89,151.
2. Blending the Blue Carte Elect rates at 4% would lower the Trust by \$50,391.
3. Holding the rates would lower the Trust by \$236,031.

Call if you want to discuss or let me know what you decide.

Thanks,

Peter

Peter C. Savage
Cook & Company Insurance Services
Vice President Health Plan Management
Direct line: 781-837-7312
Cell Phone: 617-872-4390

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1

FAIRHAVEN - FISCAL YEAR 2018

For Period 7/01/17 Through 6/30/18

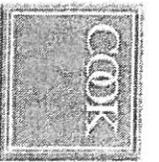
BLENDED (Revised)

as of 3/28/17

Plan Name	Enrollment	I/F	# of Months	Rate	EMPLOYER		EMPLOYEE		TOTAL Cost	Employer %	
					Share	Cost	Share	Cost			
BLUE CARE ELECT	67	I	12	870.00	522.00	419,688	348.00	279,792	699,480	60.00	
5.0%	47	F	12	2069.00	1241.40	700,150	827.60	466,766	1,166,916	60.00	
BLUE CARE ELECT TOTALS:						1,119,838		746,558	1,866,396		
HMO BLUE	89	I	12	668.00	400.80	428,054	267.20	285,370	713,424	60.00	
2.0%	113	F	12	1643.00	985.80	1,336,745	657.20	891,163	2,227,908	60.00	
HMO BLUE TOTALS:						1,764,799		1,176,533	2,941,332		
MEDEX	0%	274	I	6	325.00	195.00	320,580	130.00	213,720	534,300	60.00
2.0%	274	I	6	332.00	199.20	327,485	132.80	218,323	545,808	60.00	
MEDEX TOTALS:						648,065		432,043	1,080,108		
MASTER DENTAL	370	I	12	39.00	19.50	86,580	19.50	86,580	173,160	50.00	
0.0%	251	F	12	97.00	48.50	146,082	48.50	146,082	292,164	50.00	
MASTER DENTAL TOTALS:						232,662		232,662	465,324		
			237	Totals:		3,765,364		2,587,796	6,353,160		
						59.27%		40.73%	100.00%		

PLUS Medicare Part D penalty and Cook fee \$55,200

GRAND TOTAL: 3,820,564



FAIRHAVEN PROJECTED FY YEAR 2018 COMBINED
 FOR THE PERIOD OF 7/1/17-6/30/18
 (BLENDED Revised)

(AS OF 3/28/17)

	Blue Care Elect PROJECTION	Network Blue PROJECTION	Medex EGWP PROJECTION	Dental PROJECTION	TOTAL PROJECTION
PAID CLAIMS	1,749,212	2,419,754	408,851	400,448	4,978,265
ADMIN FEE	93,082	164,941	81,247	46,572	385,842
REINSURANCE	148,632	302,161			450,793
ACA @\$2.36	418	837			1,255
Blue Medicare RX @94.63			614,856		614,856
Cook and Company	2,000	8,300	1,000		11,300
TOTAL	1,993,344	2,895,993	1,105,954	447,020	6,442,311
TRUST CONTRIBUTION	1,866,396	2,941,332	1,080,108	465,324	6,353,160
SUB. TOTAL	-126,948	45,339	-25,846	18,304	-89,151
IBNR\$	368,459	516,939	98,020	89,404	1,072,821

HEAD COUNTS	I/F	FUNDING RATES	I/F
7/1/2017	67 / 47	870.00 / 2,069.00	668.00 / 1,643.00
1/1/2018	89 / 113	325.00	332.00
	274	39.00 / 97.00	370 / 251

5.0% 2.0% 2.0% 0.0%



2

FAIRHAVEN - FISCAL YEAR 2018

For Period 7/01/17 Through 6/30/18

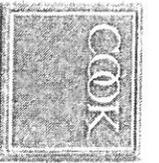
BLENDDED (Revised)

as of 3/28/17

Plan Name	Enrollment	I/F	# of Months	Rate	EMPLOYER		EMPLOYEE		TOTAL Cost	Employer %	
					Share	Cost	Share	Cost			
BLUE CARE ELECT	67	I	12	861.00	516.60	415,346	344.40	276,898	692,244	60.00	
4.0%	47	F	12	2049.00	1229.40	693,382	819.60	462,254	1,155,636	60.00	
BLUE CARE ELECT TOTALS:						1,108,728		739,152	1,847,880		
HMO BLUE	89	I	12	681.00	408.60	436,385	272.40	290,923	727,308	60.00	
4.0%	113	F	12	1675.00	1005.00	1,362,780	670.00	908,520	2,271,300	60.00	
HMO BLUE TOTALS:						1,799,165		1,199,443	2,998,608		
MEDEX	0%	274	I	6	325.00	195.00	320,580	130.00	213,720	534,300	60.00
2.0%	274	I	6	332.00	199.20	327,485	132.80	218,323	545,808	60.00	
MEDEX TOTALS:						648,065		432,043	1,080,108		
MASTER DENTAL	370	I	12	39.00	19.50	86,580	19.50	86,580	173,160	50.00	
0.0%	251	F	12	97.00	48.50	146,082	48.50	146,082	292,164	50.00	
MASTER DENTAL TOTALS:						232,662		232,662	465,324		
			237	Totals:		3,788,620		2,603,300	6,391,920		
						59.27%		40.73%	100.00%		

PLUS Medicare Part D penalty and Cook fee \$55,200

GRAND TOTAL: 3,843,820



FAIRHAVEN PROJECTED FY YEAR 2018 COMBINED
FOR THE PERIOD OF 7/1/17-6/30/18

(AS OF 3/28/17)
 BLENDED Revised)

	Blue Care Elect PROJECTION	Network Blue PROJECTION	Medex EGWP PROJECTION	Dental PROJECTION	TOTAL PROJECTION
PAID CLAIMS	1,749,212	2,419,754	408,851	400,448	4,978,265
ADMIN FEE	93,082	164,941	81,247	46,572	385,842
REINSURANCE	148,632	302,161			450,793
ACA @\$2.36	418	837			1,255
Blue Medicare RX @94.63			614,856		614,856
Cook and Company	2,000	8,300	1,000		11,300
TOTAL	1,993,344	2,895,993	1,105,954	447,020	6,442,311
TRUST CONTRIBUTION	1,847,880	2,998,608	1,080,108	465,324	6,391,920
SUB. TOTAL	-145,464	102,615	-25,846	18,304	-50,391
IBNR\$	368,459	516,939	98,020	89,404	1,072,821

HEAD COUNTS I/F	7/1/2017	1/1/2018
FUNDING RATES I/F	861.00 / 2,049.00	681.00 / 1,675.00
	67 / 47	89 / 113
	274	370 / 251
	325.00	332.00
	39.00 / 97.00	

4.0% 4.0% 2.0% 0.0%



FAIRHAVEN - FISCAL YEAR 2018

3

For Period 7/01/17 Through 6/30/18

BLENDED (Revised)

as of 3/28/17

Plan Name	Enrollment	I/F	# of Months	Rate	EMPLOYER		EMPLOYEE		TOTAL Cost	Employer %
					Share	Cost	Share	Cost		
BLUE CARE ELECT	67	I	12	828.00	496.80	399,427	331.20	266,285	665,712	60.00
0.0%	47	F	12	1970.00	1182.00	666,648	788.00	444,432	1,111,080	60.00
BLUE CARE ELECT TOTALS:						1,066,075		710,717	1,776,792	
HMO BLUE	89	I	12	655.00	393.00	419,724	262.00	279,816	699,540	60.00
0.0%	113	F	12	1611.00	966.60	1,310,710	644.40	873,806	2,184,516	60.00
HMO BLUE TOTALS:						1,730,434		1,153,622	2,884,056	
MEDEX	274	I	6	325.00	195.00	320,580	130.00	213,720	534,300	60.00
2.0%	274	I	6	332.00	199.20	327,485	132.80	218,323	545,808	60.00
MEDEX TOTALS:						648,065		432,043	1,080,108	
MASTER DENTAL	370	I	12	39.00	19.50	86,580	19.50	86,580	173,160	50.00
0.0%	251	F	12	97.00	48.50	146,082	48.50	146,082	292,164	50.00
MASTER DENTAL TOTALS:						232,662		232,662	465,324	
			237	Totals:		3,677,236		2,529,044	6,206,280	
						59.25%		40.75%	100.00%	
PLUS Medicare Part D penalty and Cook fee						\$55,200				
GRAND TOTAL:						3,732,436				



FAIRHAVEN PROJECTED FY YEAR 2018 COMBINED

FOR THE PERIOD OF 7/1/17-6/30/18

BLENDDED Revised)

(AS OF 3/28/17)

	Blue Care Elect PROJECTION	Network Blue PROJECTION	Medex EGWP PROJECTION	Dental PROJECTION	TOTAL PROJECTION
PAID CLAIMS	1,749,212	2,419,754	408,851	400,448	4,978,265
ADMIN FEE	93,082	164,941	81,247	46,572	385,842
REINSURANCE	148,632	302,161			450,793
ACA @\$2.36	418	837			1,255
Blue Medicare RX @94.63			614,856		614,856
Cook and Company	2,000	8,300	1,000		11,300
TOTAL	1,993,344	2,895,993	1,105,954	447,020	6,442,311
TRUST CONTRIBUTION	1,776,792	2,884,056	1,080,108	465,324	6,206,280
SUB. TOTAL	-216,552	-11,937	-25,846	18,304	-236,031
IBNR\$	368,459	516,939	98,020	89,404	1,072,821

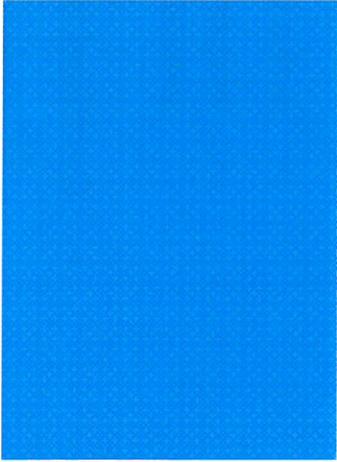
HEAD COUNTS	I/F	7/1/2017	1/1/2018
FUNDING RATES	I/F	828.00 / 1,970.00	655.00 / 1,611.00
		67 / 47	89 / 113
		274	332.00
		325.00	370 / 251
		39.00 / 97.00	

0.0% 0.0% 2.0% 0.0%

TOWN OF FAIRHAVEN

CLAIMS TRUST-HEALTH/DENTAL:

Beginning Balance 7/1/16	2,466,547.80	
JE 13 adj by auditor to reduce rev and increase FB Claims Trust	<u>290,300.00</u>	+290,300
Adjusted Beginning Balance	2,756,847.80	
Revenue includes JE 13 audit adj to reduce rev 290,300 (7/1/15 - 2/28/17)	3,416,710.00	-290,300
Int Earned through 2-28-17	1,077.39	
Expenditures through 2/28/17	<u>(3,671,779.84)</u>	
ENDING BALANCE AS OF 2/28/17	<u>2,502,855.35</u>	
	=====	



ahealthymeSM
Everything to live a healthier life

Wellness Opportunity and Savings ModelSM



MASSACHUSETTS

Wellness Opportunity and Savings Model

- Methodology based on published work of leaders in health outcomes
- Uses Health Enhancement Research Organization (HERO) database to find relationship between basic demographic information and unhealthy lifestyle risks
- HERO Data base:
 - Is the largest retrospective multi-employer health promotion research database
 - Was created to examine risk factor combination and risk factor change on individual medical expenditures
- Certified by Disease Management Consortium
 - ★ Only health plan to earn this distinction
- Estimates excess medical and productivity cost associated with poor employee health

Annual medical expenditures independent of all other risk categories

Modifiable Risk Factor	Estimated Excess Medical Cost per High Risk Person
Depression	\$2,184
High Blood Glucose	\$1,653
Unhealthy BMI	\$1,091
High Blood Pressure	\$1,378
Poor Exercise Habits	\$606
Current Smoker	\$587
High Stress	\$413

Goetzl, Ron Z., Pei, Xiaofei, Tabrizi, Maryam J.; et al. "Ten Modifiable Health Risk Factors Are Linked To More Than One-Fifth Of Employer-Employee Health Care Spending." *Health Affairs* 31.11 (2012): 2474-2484. Print. Nov. 2012.

High Risk Thresholds

Modifiable Risk Factor	High Risk Threshold
Unhealthy BMI	BMI \geq 30
Poor Exercise Habits	No vigorous exercise during a typical week
Current Smoker	Current use of tobacco including pipe, cigar, snuff, or smokeless tobacco
High Stress	Being "almost always troubled by stress" and "do not handle stress well"
High Blood Glucose	Taken after a 3-hour fast. Values > 115 mg/L
High Blood Pressure	Diastolic values > 100 mm Hg OR systolic > 160 mm Hg
Depression	"Almost always depressed"

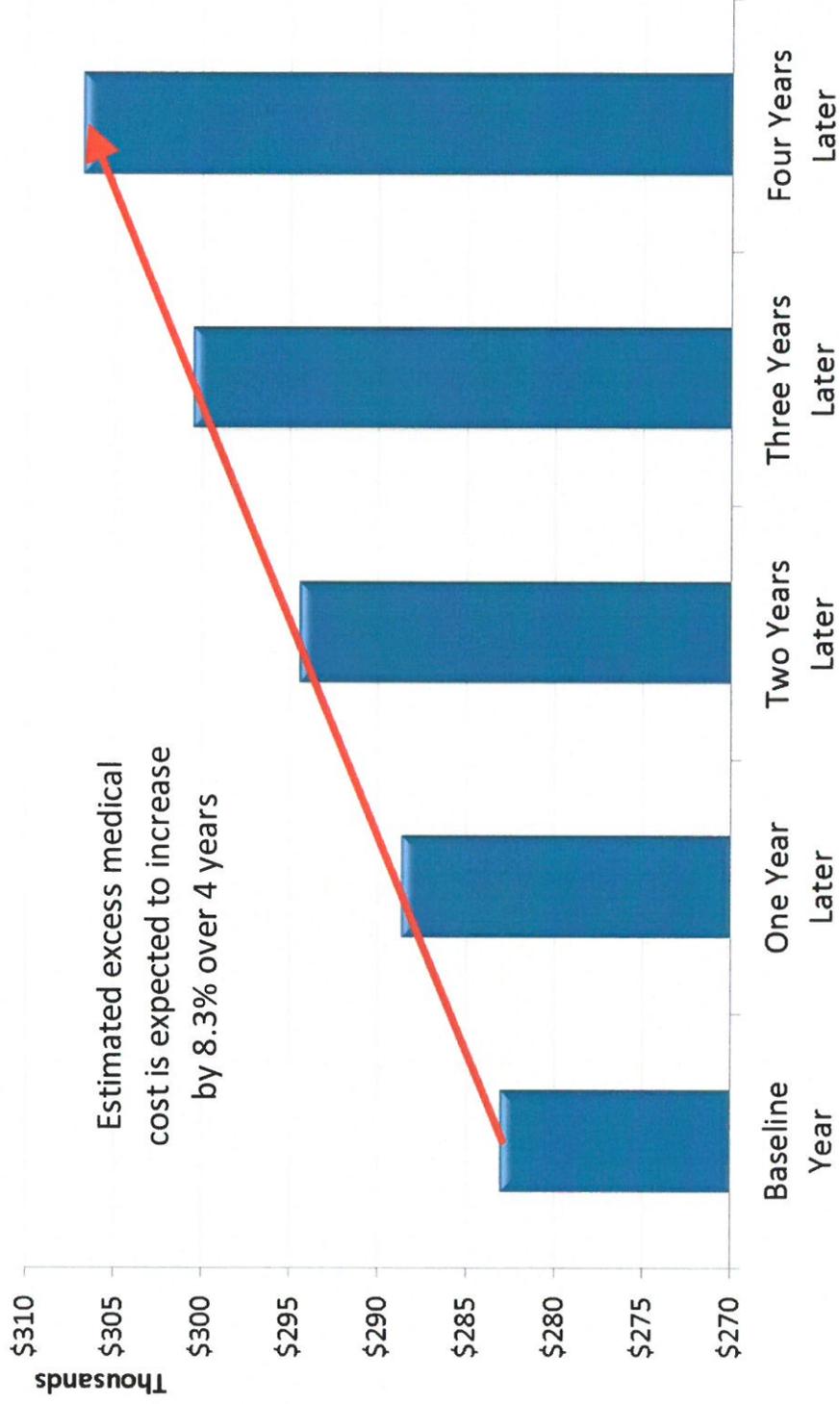
Set Strategy: Wellness Opportunity Model

INPUTS

Category	
1. Number of Subscribers	335
2. Average Age	49.7
3. Gender	Female: 54.3% Male: 45.7%
4. Ethnicity	African American: 3% Hispanic : 2% White: 95%
5. Job Type	Professional or Managerial: 76% Sales: 0% Labor, Clerical, Technical: 24%

Modifiable Risk Factor	Prevalence	Total Excess Med Costs
Unhealthy BMI	25.6%	\$ 93,000
Poor Exercise Habits	35.7%	\$ 73,000
High Stress	20.1%	\$ 28,000
Current Smoker	14.1%	\$ 28,000
High Blood Glucose	4.9%	\$ 27,000
Depression	2.1%	\$ 15,000
High Blood Pressure	4.2%	\$ 19,000
Total Baseline Year:		\$283,000

Estimated Excess Medical Costs Over time With No Intervention



Total Health Related Costs



Personal Health

Costs

- Medical Care
- Pharmacy

Health Related

Productivity Costs

Absenteeism

- Short Term Disability
- Long Term Disability

Presenteeism

- Overtime
- Turnover
- Administrative Costs
- Replacement Training
- Off-site Travel for Care
- Customer Dissatisfaction
- Variable Product Quality



Medical costs are just the tip of the iceberg when looking at costs avoided and potential savings.

There are also productivity related savings to be realized.

Town of Fairhaven Total Health Related Costs:

Estimated Excess Personal Health Costs: \$283,000

Estimated Excess Productivity Costs: \$849,000

Total Estimated Excess Costs: \$1,132,000

Sources: 2006 Mercer Employer Annual Survey, Edington DW Burian WN Health and Productivity. In McQuinney RJ, Editor A Practical Approach to Occupational and Environmental Medicine, 3rd edition Philadelphia PA: Lippincott, Williams and Wilkins, 2003; 40-112. Inceppke, R. et al. Health-Related Workplace Productivity Measurement: General and Migraine. Specific Recommendations from the ACCDEM Expert Panel. JGIM April 2003, Volume 18, Number 4, Pages 349-359.





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Appendix

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Wellness Opportunity and Savings Model

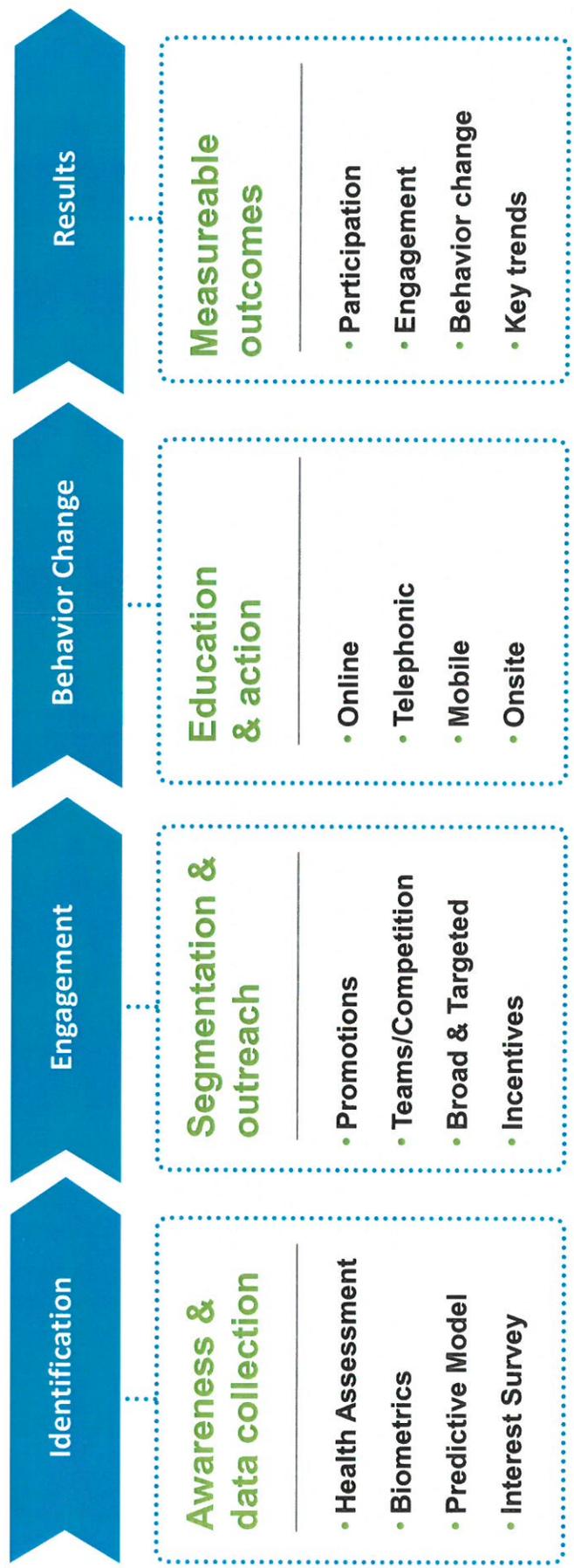
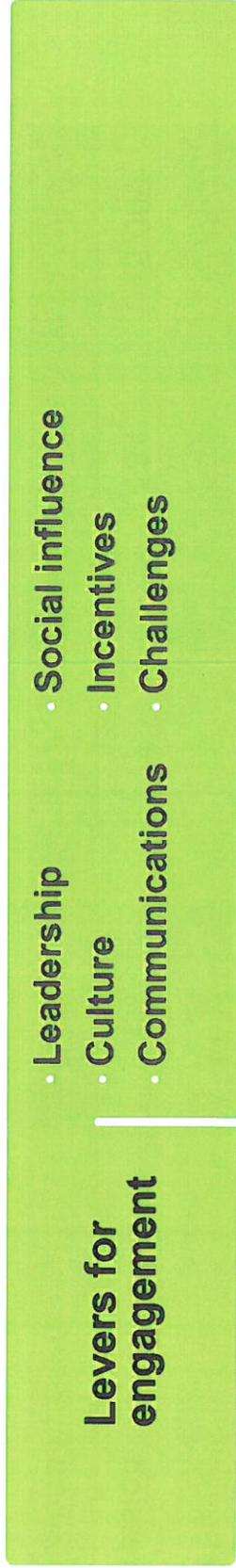


Summary of Baseline Year

Modifiable Risk Factor	Prevalence (Baseline Year)	Number of Subscribers (Prevalence x Total Subscriber #)	Estimated Excess Med Cost per High Risk Person	Total Estimated Excess Med Costs
Unhealthy BMI	25.6%	86	X \$1,091 =	\$93,000
Poor Exercise Habits	35.7%	120	606	73,000
High Stress	20.1%	67	413	28,000
Current Smoker	14.1%	47	587	28,000
High Blood Glucose	4.9%	16	1,653	27,000
Depression	2.1%	7	2,184	15,000
High Blood Pressure	4.2%	14	1,378	19,000

Grand Total \$283,000

Our approach: Integrated Wellness Model



Attachment D

From: [Robert J. Espindola](#)
To: [Edward Anthes-Washburn](#); [Bill Roth](#); [Mark Rees](#)
Cc: ["Straus, William - Rep. \(HOU\)"](#); [Anne O'Brien](#)
Subject: Harbor Dredging Discussion - Fairhaven Board of Selectmen, Monay, April 24th
Date: Friday, April 21, 2017 9:14:06 AM

Ed,

We are getting to this latter than I thought because we could not get it onto our April 10th agenda but I wanted to let you know that we do have listed on our Board of Selectmen Agenda for next Monday, April 24th, a Discussion line item on "New Bedford Economic Development/Harbor Dredging". Our packet will include, for reference, the letters written by Representative Straus and Mayor Mitchell and I have referred our Board to the Martin Associates Study. We will considering writing a letter from the Town similar to the two (2) that I just mentioned.

As I am sure you are aware, there are a number of people from Fairhaven (and New Bedford) who are adamantly apposed to the EPA methods of using CAD cells for clean-up the super-fund sight. I am expecting they will show up at our meeting to voice their concerns. If you have any advice on how to address those concerns from the community on this particular subject (future dredging) I would be interested in hearing that from you in advance of our meeting. Feel free to call my cell phone if that is easier for you, today, over the weekend or Monday (whatever works best for you).

Right now we do not have this set up as an appointment, so it is not going to take place at a specified time but, if you are available and interested in attending our meeting, you would be allowed to say a few words about the economic importance of this proposed dredging work.

Please let me know if that is something you would like to do.

Best Regards,

Bob Espindola

Chairmen, Board of Selectmen
Town of Fairhaven
Cell (774) 263-1046

From: Robert J. Espindola
Sent: Tuesday, March 28, 2017 8:32 AM
To: Edward Anthes-Washburn; Bill Roth; Mark Rees
Cc: 'Straus, William - Rep. (HOU)'
Subject: RE: Port of New Bedford Legislative Luncheon 3/24

Ed,

Thanks,

Bob

From: Edward Anthes-Washburn [Edward.Anthes-Washburn@newbedford-ma.gov]
Sent: Monday, March 27, 2017 5:16 PM
To: Robert J. Espindola; Bill Roth; Mark Rees
Cc: 'Straus, William - Rep. (HOU)'
Subject: RE: Port of New Bedford Legislative Luncheon 3/24

Bob-

April 10 should be fine- as of right now we would be looking at a Seaport Economic Council application for Phase V design due May 1.

Thanks,
Ed

From: Robert J. Espindola [mailto:respindola@fairhaven-ma.gov]
Sent: Monday, March 27, 2017 4:06 PM
To: Edward Anthes-Washburn; Bill Roth; Mark Rees
Cc: 'Straus, William - Rep. (HOU)'
Subject: RE: Port of New Bedford Legislative Luncheon 3/24

Ed,

It was nice to meet you on Friday. Nice job with your presentation and the meeting in general.

Thank you for sending this over. I did keep a hard copy of the letter and scanned and sent that over to our office to be included in our packets for tonight's Board of Selectmen meeting.

I intended just to provide for information only to the other Board members about what went on at the meeting on Friday and to ask that this subject be put onto our next Board meeting agenda for discussion (too late by Open Meeting Law requirements post for tonight's meeting).

How time sensitive is this? Our next meeting after tonight is not until April 10th.

Representative Straus ... It was nice to see you as well and thank you for this letter attached. As I mentioned to Elizabeth Warren when I had the chance to meet her briefly on Friday, we understand why the discussion centers around New Bedford, but we also recognize the impact this would have on Fairhaven. While it would be much smaller in scale compared to New Bedford, it would still be very significant to us.

Thanks,

Bob

From: Edward Anthes-Washburn [Edward.Anthes-Washburn@newbedford-ma.gov]
Sent: Monday, March 27, 2017 12:10 PM
To: Bill Roth; Robert J. Espindola
Cc: 'Straus, William - Rep. (HOU)'
Subject: FW: Port of New Bedford Legislative Luncheon 3/24

Bill, Bob-

FYI on the letters from Mayor Mitchell and Chairman Straus about Phase V dredging.

Ed

From: Edward Anthes-Washburn
Sent: Monday, March 27, 2017 12:08 PM
To: 'Medeiros, Alves (HOU)'; 'Moynihan, Michael (SEN)'; 'Allard, Danielle (HOU)'; 'Riding, Audra (SEN)'; 'Hart, Kevin (HOU)'; 'Centrella, Kirsten (HOU)'; 'Montigny, Mark (SEN)'; 'Cabral, Antonio - Rep. (HOU)'; 'Markey, Christopher - Rep (HOU)'; 'Straus, William - Rep. (HOU)'; 'Koczera, Robert - Rep. (HOU)'; 'Paul.Schmid@mahouse.gov'; 'Bill Straus'
Subject: RE: Port of New Bedford Legislative Luncheon 3/24

Delegation-

Thank you for everyone that made it to the luncheon on Friday. I thought the discussion was very fruitful, and all weekend the stakeholders that attended expressed their optimism and excitement for the policy and infrastructure projects we discussed at the lunch. The stakeholders were also happy about the effective dialogue by everyone at the table.

I wanted to share the letter from Mayor Mitchell that was handed out at the meeting. I know Chairman Straus has already contacted the Lt. Governor on this topic, and I have attached his letter as well.

Over the next few weeks, I'll be working on the SEC application for design funding- I will forward you all a draft when it's ready.

Best,
Ed

From: Edward Anthes-Washburn
Sent: Thursday, March 23, 2017 3:35 PM
To: Edward Anthes-Washburn
Cc: Chandree Costa
Subject: RE: Port of New Bedford Legislative Luncheon 3/24

Delegation-

Thank you for everyone that RSVP'd for tomorrow. I wanted to let you know that Sen. Warren and Congressman Keating will also be there and Sen. Markey is tentative- more information to follow soon.

Ed

From: Edward Anthes-Washburn
Sent: Friday, March 03, 2017 4:46 PM
To: Edward Anthes-Washburn
Cc: Chandree Costa
Subject: Port of New Bedford Legislative Luncheon 3/24

Members of the New Bedford Delegation-

You are cordially invited to a Port of New Bedford legislative luncheon on **March 24 from 12:00-1:30pm at Seatrade's newest facility at 10 N. Front St. in New Bedford.** Fishing industry and other port stakeholders will be on hand to update you on different developments around the waterfront and discuss their policy and infrastructure priorities.

Please RSVP to [Chandree Costa](#) (cc'd above) with your availability and please don't hesitate to contact me with any questions.

Thank you,
Ed



Edward C. Anthes-Washburn
Executive Director
Harbor Development Commission
[52 Fisherman's Wharf, New Bedford, MA](#)
(508) 961-3000
www.portofnewbedford.org

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<u>Crius</u>	\$0.10590	\$0.10678	\$0.10122		