

Wellness Committee
February 7, 2019 – 4:45pm
Banquet Room

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Present: Pattie Pacella, Anne O'Brien, Mary Kellogg, Denise Valois, Paula Medeiros, Warren Resenhausen, Bob Espindola, Amanda Blais

FAIRHAVEN,
MASS.

Absent: Tara Kohler

Minutes: January 10, 2019 – Warren Resenhausen made a motion to accept the minutes and was seconded by Mary Kellogg. The motion passed unanimously.

Treasurer's Report: Warren Resenhausen reviewed the Treasurer's Report. He has a call into Richard Carr, the Pepsi guy to find out where Town Hall's check have been submitted to, as we haven't seen it yet. He stated the last check from DPW Soda machine was in January for \$81.83. The gift account has \$82.00 in it, and that's the account that Weight Loss money goes into, as well as the Wellness FY19 has \$5,026.16.

Anne O'Brien made a motion to accept Treasurer's Report and was seconded by Bob Espindola. The motion passed unanimously.

Presentation of 20/20: Anne O'Brien had said up a phone interview presentation with 20/20 – a company who would attend the Wellness Fair & take customers for a 20-30 minute eye examination and offer a prescription at the end. The consumer could either use the RX in the van or take it elsewhere.

Wellness Fair: The Wellness Health Fair was scheduled for Thursday, April 25, 2019 from 3:00pm – 5:30pm. A small subcommittee, Anne O'Brien, Paula Medeiros, Amanda Blais & Pattie Pacella would meet to get started on invites and discuss the logistics.

Pattie Pacella has already put a request in to use the Fairhaven COA, that has been granted.

Discussion on what product to give to those who attended. Everyone agreed to recycleable/reusable grocery bags. Bob Espindola made a motion to approve up to \$350 for the bags and was seconded by Warren Resenhausen. The motion passed unanimously.

Warren Resenhausen reminded everyone that we could use the OSJL gift cards as well for prizes. Mary Kellogg suggested making up different gift baskets so we can raffle off at the event.

Everyone agreed that Department Heads need to be informed of the health fair and allow they're staff to attend without incident. Ms. O'Brien will make sure Mark Rees is very well aware of the health fair ahead of time and encourage Department Heads to encourage their staff to attend.

Ms. Kellogg already has a person coming in to do skin cancer screenings. More information to follow.

Weight Watchers: Tara Kohler was not present to give an update.

Biggest Loser: Pattie Pacella stated there were 26 people from the different schools, Town Hall and Rec Ctr that were participating. This is the first time FHS is participating, and the School Administration building – so we are definitely making head way into including everyone, or having people be involved. It runs until right before Easter.

In other business, Mr. Espindola stated he was working on getting Volleyball scheduled on Sunday's with Mr. Resenhausen. He will continue to work on different Town departments to play.

Anne O'Brien made a motion to adjourn and was seconded by Denise Valois. Motion passed unanimously.

Respectively,

A handwritten signature in cursive script, appearing to read "Mary Kellogg".

Mary Kellogg
Secretary