

**Wellness Committee  
June 6, 2019 – 4:45pm  
Banquet Room**

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TOWN CLERK

2019 AUG - 2 A 9 20

**Present:** Chairperson, Pattie Pacella, Paula Medeiros, Mary Kellogg, Amanda Blais, Denise Valois, Shallyn Rodriguez and Anne O'Brien

FAIRHAVEN,  
MASS.

**Absent:** Warren Resenhausen, Robert Espindola and Tara Kohler

Pattie Pacella, Chairperson opened the meeting at 4:45 with a quorum; and advised the meeting was being taped and recorded.

Ms. Pacella informed the group that Ms. Denise Valois stated that she was retiring June 30, 2019 after being the School Nurse at Wood School for the last 15 years. Ms. Pacella congratulated Ms. Valois and thanked her for being on the Wellness Committee since it started, about four years ago. The Committee wishes her well during her retirement.

Ms. Pacella advised that there would be an associate member opening on the committee if anyone was interested they would have to submit a letter.

**Minutes:** May 3, 2019 – Anne O'Brien made a motion to approve the minutes and was seconded by Denise Valois. The motion passed unanimously.

**Treasurer's Report:** Mr. Resenhausen was not present to give the report. However, Ms. Pacella had the report and the committee did a quick review. Everyone agreed a daytime meeting would be in order to talk about any last minute spending.

**Biggest Loser:** Pattie Pacella updated that the checks have been sent to accounting and would just be mailed out when ready to be paid, which should be next week.

**4<sup>th</sup> Annual Employee Wellness Health Fair:**

Denise Valois brought the groceries for the cooking presentation and needed reimbursement of receipts. Anne O'Brien made a motion to pay the receipts reimbursement to Ms. Valois and was seconded by Mary Kellogg. The motion passed unanimously.

**Step Challenge Winners:** The Committee reviewed the last Step Challenge and the team, Step Sisters (perhaps from the Middle School) was the highest team of Steps, came in first place. There were 9 members on the team, and the most improved member was also someone from the team. The Committee decided that they would receive gift cards for winning.

Anne O'Brien made a motion to award the most improved member, that coincidentally was someone from the winning team a \$50 gift card; and the rest of the team members a \$25.00 gift card and was seconded by Denise Valois. The motion passed unanimously.

The Committee also agreed to award the #1 Most steps of the challenge a \$50.00 gift card, and that person will be awarded as well; the most steps was 814,814. Great job. Anne O'Brien made a motion to award the #1 top step award a \$50 gift card and was seconded by Denise Valois. The motion passed unanimously.

Ms. Pacella will work with Ms. Medeiros to advise the winners of there awards. Also a 'thank you' email to all those who participated.

**Post Card:** A post card was made up for all town employees to receive with this week's pay check. It says what the committee is about and two new options available. A WW at work class, as well as an Epi-Pen/CPR class. The post cards cost was \$154.32. Anne O'Brien made a motion to pay the \$154.32 to Fall River Modern Printing and was seconded by Denise Valois. The motion passed unanimously.

**Stand Up Desks:** Recently, four more desks were ordered and two were given out to teachers at FHS. There are two more desks available if anyone wants to submit an email to Pattie Pacella to request one.

Anne O'Brien made a motion to adjourn and was seconded by Denise Vaolois. The motion passed unanimously.

Meeting adjourned at 5:02 pm.

Respectively submitted,

A handwritten signature in black ink, appearing to read 'Mary Kellogg', written in a cursive style.

Mary Kellogg  
Secretary